



SUNDAY MENU

FOOD SERVED FROM

Noon - 3:00pm / 6:00 - 9:00pm Monday - Thursday

Noon - 9:00pm Friday - Saturday

Noon - 5:00pm Sunday

Bar open 7 days till late (Sunday's 7:00pm)



WWW.THEYDONOAK.CO.UK  

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9 Coopersale Street, Epping, Essex, CM16 7QJ.

SUNDAY MENU

At The Theydon Oak all our dishes are freshly prepared, with local ingredients. We also have an extensive list of wines and real ales to compliment your meal.



STARTERS:

GARLIC & HERB KING PRAWNS	£10.00
TRADITIONAL PRAWN COCKTAIL	£8.50
JERK, BUFFALO OR BBQ WINGS	£8.00
SOUP OF THE DAY	£7.00
KATSU CHICKEN STRIPS	£8.50
CAULIFLOWER WINGS	£7.50



ROAST DINNER: *(Served with all the trimmings)*

SCOTTISH SIRLOIN:	£18.00
Best served medium/rare.	
LOIN OF NORFOLK PORK:	£16.50
Served with crackling.	
LEG OF WELSH LAMB:	£18.00
NORFOLK TURKEY BREAST:	£16.50
VEGAN PUMPKIN SEED & CHESTNUT ROAST:	£15.00

2 MEAT ROAST (Choose from above)	£21.00
3 MEAT ROAST (Choose from above)	£23.00
4 MEAT ROAST (Choose from above)	£25.00

MAINS:

OUR FAMOUS HOMEMADE STEAK & KIDNEY PIE	£14.50
Served with steakhouse chips or mash & seasonal vegetables.	
BEER BATTERED COD	£14.00
Served with steakhouse chips, mushy peas & homemade tartare sauce.	
GRILLED SCOTTISH SALMON	£16.00
Served with new potatoes and seasonal vegetables.	



BURGERS:

THEYDON OAK HOUSE BURGER	£13.00
Ground ribeye steak on a brioche bun topped with lettuce, tomato & mustard mayo. Served with coleslaw & chips. <i>Add: Cheese £1.00 Bacon £1.50 Portobello Mushroom £1.50</i>	
PLANT BASED VEGAN BURGER	£14.50
Served with French fries & salad.	
CAJUN CHICKEN BURGER	£14.00
Served with French fries & coleslaw.	
HALLOUMI & PORTOBELLO MUSHROOM BURGER	£14.00
Served with French fries & coleslaw.	



SIDES:

PIGS IN BLANKETS (x5)	£4.50
CAULIFLOWER CHEESE (for two people).	£4.50
POT OF ROAST POTATOES	£3.50
SEASONAL VEGETABLES	£2.95
EXTRA GRAVY	FREE

PLEASE NOTE: A DISCRETIONARY 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL.

FOOD ALLERGY WARNINGS: OUR DISHES MAY CONTAIN NUTS, DAIRY, EGG OR SHELLFISH PRODUCTS. PLEASE TELL YOUR TEAM MEMBER OF ANY ALLERGIES AND INTOLERANCES YOU MAY HAVE, OR IF YOU HAVE ANY CONCERNS ABOUT ANY OF OUR DISHES, BEFORE ORDERING AND THEY WILL BE HAPPY TO ASSIST.