

BAR MENU

At The Theydon Oak all our dishes are freshly prepared, with local ingredients. We also have an extensive list of wines and real ales to compliment your meal.



PLOUGHMANS:

THE OAK: £12.00

Cheddar, ham, stilton, gherkin, pickle plus a homemade sausage roll.

THE MARINE (SEAFOOD): £14.00

Smoked salmon, prawn & potted crab.



SANDWICHES:

All served on Theydon Bakery white or wholemeal bread.

FISH FINGER £9.50

CLUB £9.50

HAM SALAD £8.50

CHEESE PLOUGHMAN'S £8.50

SMOKED SALMON & CREAM CHEESE £9.50

PRAWN £9.50

THE THEYDON OAK

The Theydon Oak has been a favourite pub and restaurant for the people of the Epping area for many years. We are the ideal place to celebrate, treat yourself or just relax and unwind.

Whatever the reason for your visit, you'll be greeted with a smile.

BAGUETTES:

SMOKED BACON & PORTOBELLO MUSHROOM £9.50

SAUSAGE & FRIED ONION £9.50

STEAK £10.50

All baguettes & sandwiches served with fries and salad garnish.



SIDES:

HOMEMADE MAC 'N' CHEESE £3.95

SIDE SALAD/MIXED VEGETABLES £2.95

GARLIC BREAD £2.25

CHEESY GARLIC BREAD £3.00

PEPPERCORN SAUCE £2.50

STEAKHOUSE CHIPS £3.50

SWEET POTATO FRIES £4.50

BEER BATTERED ONION RINGS £2.95

MIXED OLIVES £3.50

HALLOUMI £4.50



PLEASE NOTE: A DISCRETIONARY 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL.

FOOD ALLERGY WARNINGS: OUR DISHES MAY CONTAIN NUTS, DAIRY, EGG OR SHELLFISH PRODUCTS. PLEASE TELL YOUR TEAM MEMBER OF ANY ALLERGIES AND INTOLERANCES YOU MAY HAVE, OR IF YOU HAVE ANY CONCERNS ABOUT ANY OF OUR DISHES, BEFORE ORDERING AND THEY WILL BE HAPPY TO ASSIST.